

Emmanuel's Pre-School News

February 2009

Note From the Director

We have many exciting things planned this month. Our theme "Animals" is a favorite for all children. We have the Zoo coming to visit us on Feb 12th and later in the month we will attend a field trip to the Zoo.

This month I want to begin a series of Parent Workshops on Dr. Becky Bailey's *Conscious Discipline* techniques. In November I had the pleasure to meet and attend Dr. Bailey's workshops at the NAEYC National Conference in Dallas. It is a wonderful series of techniques that work well in the classroom as well at home. I hope you can attend our first session on February 10th.

Happy Valentine's Day

Miss June



Field Trip To The Honolulu Zoo

On February 24th Emmanuel's Pre-School will be visiting the Honolulu Zoo! Permission slips will be sent home soon! Please bring your child in a red Emmanuel's Pre-School t-shirt and closed toe shoes. Sunscreen is recommended!

February Theme: Animals

Dates to Remember:

- 2/2-2/20 — Heifer Project
- 2/10 — Parent Workshop 6:30 pm – 7:30 pm
- 2/12 — Animals A-Z Zoo Visit
- 2/16 — **President's Day Holiday / No School**
- 2/20 — Heifer Arc Collection Day
- 2/24 — Field Trip to the Honolulu Zoo

Looking Ahead:

- 3/23-3/27 — Spring Break / School Closed

Check with your child's teacher
about special
Valentine's Day celebrations!

Parent Workshop – Tuesday, February 10th 6:30 pm – 7:30 pm *Conscious Discipline*® Part I: Becoming Brain Smart

Emmanuel's Pre-School staff uses Dr. Becky Bailey's *Conscious Discipline* techniques. We invite you to join us to view Part I (in a series of 9 DVDs), "Creating Safe Brain Smart Classrooms". In this workshop you will not only learn how to positively discipline children but literally change their brain chemistry in the process. This yields lasting changes in behavior, not temporary fixes. Great for parents and teachers. In this workshop you will learn:

- How the brain learns to self-regulate.
- How to literally "wire" children for self-control.
- How to move past your own "triggers" or hot buttons.
- How to create and implement a safe place in the classroom.
- How to create a safe keepers ritual.
- How to create effective routines that eliminate the majority of discipline problems.
- How to base your classroom/home on safety and use the language of safety.
- How to start the day the Brain Smart® way.

brain smart



Every child's brain is unique, like their fingerprints! Come and get some insight on *your* child's brain!

Applications & Registration

Application and Registration forms for the Summer and 2009-2010 school year are now being accepted on a first come first serve basis. Applications are available for pick up in the office or are available online at www.emmanuelkailua.com. Don't wait! Reserve your child's spot today! Please note that the Summer Registration form had an error showing an 8:30-11:30 time slot for \$400 per session. The correct time slot is 6:45-11:30 for \$400 per session.

Heifer Project

Students will bring home their heifer project arks on Feb. 2nd. Heifer International is a program which provides an appropriate animal to families in poverty stricken areas of the world. Each family is taught proper care of the animal it receives and agrees to "pass on the gift" by providing the first off-spring of their animal to another family.

This is an exciting and fun project for our children. We hope to raise enough to buy a goat for a family in need. If you decide to participate please return your ark by Friday Feb. 20th.

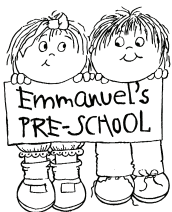


Caring For Pets

Let your child help you care for your family pets.

- Help wash the dog or cat.
- Help clean out the bird cage
- Set out clean water for cats and dogs.
- Take pets for a neighborhood walk.

Children can also show they care about their pets by giving them hugs. Everybody love hugs!



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Mailing address:
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www.emmanuelkailua.com

Financial Assistance

Emmanuel's Pre-School is sympathetic to the financial strain of tuition on all of our families. Your family may qualify for financial assistance through local agencies. We have posted information about these agencies on the wall outside of Miss June's office. Please take any brochures that you need and see Miss June if you have any questions.

Animals A-Z Zoo Visits Emmanuel

Thursday, February 12th

This program uses the sense of touch to help children learn about the animal world. The sit down presentation uses biofacts such as animal skulls, skins, feathers and eggs to learn the difference between mammals, birds, and reptiles. This presentation will be followed by touch time where each child will be able to touch and feel the objects they have learned about.



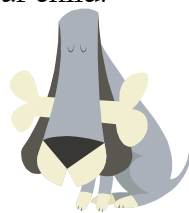
Make a Birdhouse!

Let your child help build a birdhouse.

- First let your child help you clean out an empty milk carton or bottle. Decorate it!
- Then cut out a half dollar sized hole on one side.
- Place some dried grass in the bottom.
- Hang the bird house from the limb of a tree.

Dog Treats!

Here is an easy recipe for making dog bone treats with your child:



2 ½ cups whole wheat flour
½ cup nonfat powdered milk
1 tsp. sugar
1 tsp. salt
1 egg
1 cup beef broth

1. Combine all ingredients in a bowl and mix.
2. Knead mixture until it forms into a ball.
3. Roll out dough and cut with cookie cutter (bone or any shape)
4. Bake at 350 degrees on a lightly greased cookie sheet for 30 minutes.
5. Shake hands with a dog and serve!